



V-Squat Diamond Plate Loaded



**Product features:**

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

**Product description:**

The **DIAMOND V-squat** , or more commonly called **the Hack Squat** , is an exercise machine that is used for **lower body strength training**.

It is designed to replicate a **natural squatting motion** . Thanks to the curved range of motion, this machine reduces stress on the knee and back. Excellent product for back squat **preparation** .

The **large platform** , 77x56 cm, guarantees an ideal pushing surface and the possibility of hitting all the muscle areas of the **low body** department simply by changing the position of the feet.

The starting weight, with the machine completely unloaded, is **24 kg**.