



Leg Press 45° Diamond Plate Loaded



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **DIAMOND 45° Leg Press** allows for a global strength training that involves all the **leg muscles** : **quadriceps, hamstrings and glutes** .

The hip muscles and core are also activated which supports the stabilization of the pelvis during movement.

The large knurled **aluminum footplate** guarantees an ideal pushing surface, and the possibility of hitting all the muscle areas of the low body department, simply by changing the position of the feet.

The **limit switch** , adjustable in different positions, protects the safety of all users.

The **starting weight** , with the machine completely unloaded, is **35 kg**.