



Seated Biceps Curl Plate Loaded Diamond



Product features:

Maximum User Capacity: 160 Kg

Dimensions Open:

Product weight:

Warranty: 12 months for professional use

Maximum loadable weight:

Product description:

The **Seated Biceps Curl** is a machine designed to give users a better focus than free weights when performing the **Scott bench curl** .

The **machine** allows you to train both limbs or one at a time, both in a semi-supinated grip and in a "hammer" grip, furthermore the movement curve supports the **natural physiology** of the **wrist and elbow joints**.

The **transmission** is entrusted to a **reinforced rubber belt** to increase the feeling of exercise.